



## Showing Expressivity with Allunde Alluja By Marla Butke

**Topic:** Expression, Social Connection

**Suggested Grade(s):** 4-8

**Objectives:**

1. Students will move expressively
2. Students will connect with peers through movement

**Materials:**

- Recording – “Allunde Alluja”, Mawaka – performers; “De todos os Cantos de Mundo” – record
- Recording – “What the World Needs Now” – Dionne Warwick, performer; Burt Bacharach, composer; “Hidden Gems” - record
- Hand drum

**National Standards:**

Performing, Connecting

**Directions:**

- Provide background information on “Allunde Alluja”  
Nigerian lullaby in Swahili  
Performed by Mawaca – Brazilian ensemble known for world music  
Translation – O God of the sunrise, protect this child. Help the infant to grow and become a worthy member of our tribe
- Students stand in a circle and divide in half
- A section – One half of students give a welcoming/giving arm motion on beats 4 & 1, and second half of class shows a receiving arm motion on beats 2 & 3 - practice first without music, teacher plays a hand drum to keep the beat
- Repeat with music (start at :21)
- B section – students walk the beat, then at teacher’s signal, find a partner and move together (sway, high fives, or another creative way to move)
- Repeat with music (start at :57)
- Perform movements with entire song

- Students stand in a large circle – step/sway in with arms in front high in the air for 3 beats and then step/sway out with arms down for 3 beats
- Students tap with right hand (quarter notes, dotted half notes, or other pattern in meter of 3 into a students’ left hand as teacher plays the beat on the hand drum
- Teacher plays recording and students sway in and out for the chorus, tap in each other’s hands for the verse, and for the last choruses – sway individually and then at teacher’s signal, form small groups and sway in and out
- Discuss how the music, movement, and text worked together to build community.

**Assessment:**

Levels of Development	Not Yet	Making Progress	Mastery
Moving Expressively	Arms/fingers do not flow, timing is incorrect for arms, fingers, and feet	Timing is correct, but arm and/or finger flow is not expressive and/or stepping is too heavy	Timing is correct, arms and fingers flow, stepping is light