**Teaching Demonstration Competencies**

1. With the prior approval of the lesson plan by an MTA, candidates will teach, either live or video, one 20-minute eurhythmics lesson that includes piano improvisation by the candidate.
2. With the prior approval of the lesson plan by an MTA, candidates will teach, either live or video, one 10- to 15-minute rhythmic solfège lesson.
3. The participants in the lesson may be adults or children.