

R. J. David Frego
Department of Music
University of Texas at San Antonio
San Antonio, TX 78249

E-mail, work: david.frego@utsa.edu
E-mail, personal: rjdfrego@gmail.com
210.412.8019 (mobile)
210.458.4354 (office)

EDUCATION:

The Florida State University: Ph.D. Music Education (1996)

The Florida State University: Master of Music Education (1986)

The Florida State University: Master of Music, Choral Performance (1984)

Brandon University: Brandon, Canada, Bachelor of Music; Piano (1979)

EDUCATION: SUPPLEMENTARY

Carnegie Mellon University: License in Dalcroze Eurhythmics (1994)

Carnegie Mellon University: Certificate in Dalcroze Eurhythmics (1991)

University of Manitoba: Certificate in Education (1986)

EMPLOYMENT: PUBLIC AND PRIVATE INSTITUTIONS

The University of Texas at San Antonio: Roland K. Blumberg Professor of Music,
Chair, Department of Music (appointed, 2008)

The Ohio State University: Associate Professor of Music Education and Dalcroze
Eurhythmics (2001-2008); Assistant Professor (1996-2001)

The Ohio State University: Associate Director, School of Music (2003-2007)

The Florida State University: Graduate Teaching Associate (1993-1996)

Glen Park Public School: Toronto, Canada; (JK-5 French Immersion)
General music and gifted academic enrichment program (1988-1993)

Hollywood Public School: Toronto, Canada; (JK-5 English/Vision Impaired)
General music (1989-1990)

Elmwood Secondary School: Winnipeg, Canada (7-12 English)
Choral music, general music, and French (1986-1988)

Canadian Nazarene College: Winnipeg, Canada (four-year private college)
Music theory, music history, and piano (1979-1981)

ACADEMIC PRESENTATIONS: Invited

- 2012 Congress of Research in Dance, Touring Exhibit, The Ohio State University, The University of Texas at El Paso, *Dancing Dimensions*. Nena Couch, Curator.
- 2009 4th International Conference on The Physiology and Acoustics of Singing, San Antonio, TX
Dalcroze Eurhythmics and the Voice
- 2008 International Congress on Dalcroze Eurhythmics, Tokyo, JAPAN
The Application of Dalcroze Eurhythmics in Therapy. Co-presented with Yunko Sawaguchi (Tokyo Conservatory, Japan), Ruth Giannada (Institut Jaques Dalcroze, Switzerland)
- 2004 College Music Society National Conference, Miami, FL
Preparing the Next Generation of K-6 Music Teachers
Panel Discussion: R. J. David Frego (Ohio State University), Jill Trinkka (University of St. Thomas), Sara Bidner (Southeastern Louisiana University), Marilyn Davidson (Bergenfield New Jersey)
- 2002 National Association of Schools of Music Conference, New Orleans, LA
New Dimensions—Preparing the Next Generation of K-6 Music Teachers: Research and Practices in Elementary General Music Methods Courses
- 2000 Music Educators National Conference, Washington, DC
Dalcroze Eurhythmics and the National Standards for Music and Dance
- 1999 New York School Music Teachers Association Conference, Rochester, NY
Research in Movement-based Music Education
- 1998 Maryland Music Educators Association Conference, Baltimore, MD
Intergenerational Music Making: Friendships of Note

PUBLICATIONS: Books/Monographs

- Frego, R. J. D. (2009). Dancing Inside: Dalcroze Eurhythmics in a Therapeutic Setting. In Kerchner, J. & Abril, C. (Eds.) *Musical experience in our lives: Things we learn and meanings we make*. Rowman & Littlefield.
- Frego, R. J. D., Gillmeister, G., Hama, M., Liston, R. (2008). The Dalcroze Approach to Music Therapy – second edition. In Darrow, A. (Ed.) *Introduction to approaches in music therapy*. Silver Springs, MD: American Music Therapy Association.
- Brownell, M. D., Frego, R. J. D., Kwak, E., Rayburn, A. M. (2008). The Kodály Approach to Music Therapy—second edition. In Darrow, A. (Ed.) *Introduction to approaches in music therapy*. Silver Springs, MD: American Music Therapy Association.
- Leck, H. & Frego, R. J. D. (2005). *Creating Artistry through Movement*. (DVD). Milwaukee, Hal Leonard #08744511. ISBN: 0634098381.
- Frego, R. J. D., Gillmeister, G., Hama, M., Liston, R. (2004). The Dalcroze Approach to Music Therapy. In Darrow, A. (Ed.) *Introduction to approaches in music therapy*. Silver Springs, MD: American Music Therapy Association.
- Brownell, M., Frego, R. J. D., Kwak, E., & Rayburn, A. (2004). The Kodály Method in Music Therapy. In Darrow, A. (Ed.) *Introduction to approaches in music therapy*. Silver Springs, MD: American Music Therapy Association.

PUBLICATIONS: Refereed

- Butke, M. A. & Frego, R. J. D. (2009). Prospective Music Majors: How the Audition Process Influences Their Choices. *Enrollment Management Journal*, 1(3), 66-77.
- Frego, R. J. D. & Giles, A. M. (2004). An Inventory of Music Activities Used by Elementary Classroom Teachers. *Update: Applications of Research in Music Education*, 22(2), 13-22.
- Frego, R. J. D. (2003). Research and Practices in Elementary General Music Methods Courses. *National Association of Schools of Music Annual Meeting, 2002*, 91, 113-116.
- Frego, R. J. D. & Abril, C. R. (2003). Examination of Curriculum Content in Undergraduate Elementary Methods Courses. *Contributions to Music Education*, 30(1), 9-22.

- Frego, R. J. D. & Kanthak, T. A. (2001). Determining Variables of Improvisation by Dance Musicians within the Context of Modern Dance. *Contributions to Music Education* 28,(2), 51-64.
- Frego, R. J. D. (1999). Effects of Aural and Visual Conditions on Response to Perceived Artistic Tension in Music and Dance. *Journal of Research in Music Education*, 47(1), 31-43.
- Frego, R. J. D. (1998). The assessment of the elementary-aged child's ability to skip and the implications in the music classroom. *Contributions to Music Education* 25(2), 51-62.
- Frego, R. J. D. and Nawrocki, T. L. (1998). Movement in the Elementary Music Class. *Midwest Kodály Music Educators of America*, 26(4), 6-12. [Reprinted (1999) with permission in *Kodály Envoy*, 25(3), 5-8.]
- Frego, R. J. D. (1996). Determining personal tempo in elementary-aged children through gross motor movements. *Southeastern Journal of Music Education*. 8, 138-145.
- Frego, R. J. D. (1995). Music movement therapy for people with AIDS: The use of music movement therapy as a form of palliative care for people with AIDS. *International Journal of Arts Medicine*, 4(2), 21-25.
- Frego, R. J. D. (1995). Uniting the generations with music programs. *Music Educators Journal*, 81(6), 17-19, 55.

PUBLICATIONS: Invited

- Frego, R. J. D. (2012). The *Dream Act* for Dalcroze. *American Dalcroze Journal*, 38(3).
- Frego, R. J. D. (2012). Réunir les générations avec des projets musicaux. Uniting the Generations with Music Programs. *European Choral Journal*, 01/2012, 6-7. 01/2012. Modified article from *Music Educators Journal*, 1995.
- Frego, R. J. D. (2011). Playing in the Music Education Sandbox. *American Dalcroze Journal*, 38(1).
- Butke, M. A. & Frego, R. J. D. (2011). Selecting Music for Purposeful Movement. *The Orff Echo*, 44(1), 20-22.
- Frego, R. J. D. (2009). Plastique Animée: A Dance Genre and a Means to Artistry. *Le Rythme*.100th Anniversary Issue.

- Frego, R. J. D. (2007). Dalcroze Eurhythmics as a Therapeutic Tool. *The Canadian Dalcroze Society Journal/Bulletin de la Société Dalcroze du Canada*, 1(2), 3-4.
- Frego, R. J. D. (2006). Temps Perdu: Dalcroze Eurhythmics in Music Education and Therapy. *Perspectives: A Publication of the Early Childhood Music and Movement Association*, 1 (3), 6-7.
- Abril, C. R., Frego, R. J. D., & McDowell, C. (2003). Attending summer courses: Why we do it. *The Orff Echo*, 36(1), 20-23.
- Frego, R. J. D. (2003). Psychic Energy, Psychic Entropy, Psychic Ecstasy. *The Orff Echo*, 35(3), 47-51.
- McDowell, C., Abril, C. R., Frego, R. J. D. (2003). Motivating Factors of Music Educators Attending an Orff Schulwerk Summer Teacher Training Course. *Reverberations*, 3(1), 7.
- Frego, R. J. D. (contributing author) (2002). In Burns, K. H. (Ed.) *Women and Music in America since 1900: An encyclopedia*. Westport CT: Greenwood Press.
- Frego, R. J. D. (2001). Keeping the spirit in mind: The experience of Flow in Orff Schulwerk. *The Orff Echo*, 33(2), 12-17.
- Frego, R. J. D. (1999). Eurhythmics as a Therapeutic Tool for People with AIDS. *American Dalcroze Journal*, 25(2), 10-12.
- Frego, R. J. D. (1999). Movement in the Elementary Music Classroom. *Kodaly Envoy*, 25(3), 5-8.
- Frego, R. J. D. (1998). The Dalcroze Approach. *Triad*, 65(2), 22-25.
- Frego, R. J. D. (1998). Research in Eurhythmics. *American Dalcroze Journal*, 25(1), 14.
- Frego, R. J. D. (contributing author) (1997). In Small, A. & J. Bowers (Eds.) *Strategies for teaching elementary and middle-level chorus*. Reston VA: MENC.
- Frego, R. J. D. (1996). Engaging the brain. *Georgia Music News*, 57(1), 38-39.
- Frego, R. J. D. (1993). Eurhythmics: Education and therapy in the AIDS community. *Dalcroze Society of Canada*, 4(3), 2-5.
- Edelstone, S., Frego, R. J. D. and Landey, K. A. (1992a). *Interlink manual*. Toronto, ON: Government Press.

Edelstone, S., Frego, R. J. D. and Landey, K. A. (1992b). *Interlink: Friendships of note*. [video] Toronto, ON.

PAPER AND POSTER PRESENTATIONS: Refereed

Poster Session: Music Educators National Conference, Salt Lake City, UT, April, 2006.
Co-presented with Ibrahim Baltagi

The Role of Improvisation in the Elementary Music Classroom.

Poster Session: Music Educators National Conference, Minneapolis, MN, April, 2004.
Co-presented with Thomas A. Kanthak

Visual cues in dance to inspire music improvisation: Eight case studies

Poster Session: American Orff Schulwerk Association National Conference, Las Vegas, NV: November, 2002. Co-presented with Amy M. Giles

An Inventory of Music Activities Used by Elementary Classroom Teachers

Poster Session: American Orff Schulwerk Association National Conference, Las Vegas, NV: November, 2002. Co-presented with Carol McDowell and Carlos Abril

Motivation factors of music educators attending an Orff Schulwerk summer training workshop

Poster Session: Music Educators National Conference, Eastern Division, Pittsburgh, PA: March, 2001.

Culture and Education at the Festspielhaus Hellerau: 1911-1914.

Poster Session: Music Educators National Conference, Washington, DC: March, 2000.

Determining variables of improvisation by dance musicians within the context of modern dance class.

Poster Session: Music Educators National Conference, Phoenix, AZ: April, 1998.

The effects of aural, visual, and aural/visual conditions on subjects' response to perceived artistic tension in music and dance.

Poster Session: Music Educators National Conference, Kansas City, MO: April, 1996.

The effect of gross motor movements on tempo preference in elementary aged children.

Paper Research Session: Florida Music Educators Association, Tampa, FL: January, 1996. *The effect of aural, visual, and aural/visual stimulation on the perceived artistic tension by music and non-music majors.*

Paper Presentation: Dalcroze Institute, Carnegie Mellon University, Pittsburgh, PA: June, 1994. *A comparative study of the philosophies of Rudolph von Laban and Emile*

Jaques-Dalcroze.

CLINICIAN & PRESENTER: Dalcroze Eurhythmics

2014 **National/International**

Organization of American Kodály Educators National Conference, Atlanta, GA
Middle School National Conference for Choral Music, Denton, TX
Dalcroze Society of America National Conference, Fort Collins, CO
American Orff Schulwerk Association National Conference, Nashville, TN
Gay and Lesbian Association of Choruses (GALA) National Leadership
Conference, San Antonio, TX

Regional/State

Kodály Music Educators of Kansas, Wichita, KS
Hawaii Music Educators Association, Honolulu, HI
Sierra Orff Chapter, Reno, NV
St. Louis Orff Chapter, St. Louis, MO

University

Northern Arizona State University, Flagstaff, AZ
University of Toronto, Toronto, Canada
Anderson University, Anderson, IN
Central Connecticut State University, New Britain, CT
Southern Methodist University, Dallas, TX
University of Evansville, Evansville, IN

School Districts/Teachers

Orpheus Academy Teachers Workshop, Austin, TX
Sigma Alpha Iota Province Workshop, Corpus Christi, TX
Kappa Kappa Psi/Tau Beta Sigma Province Workshop, San Antonio, TX

2013 **National/International**

University of Alberta, Edmonton, Alberta, Canada
American Orff Schulwerk National Conference, Denver, CO

Regional/State

New England Orff Schulwerk Association, Boston, MA
Oklahoma Arts Institute, Wolf Mountain, OK

University

University of Texas at Austin, Austin, TX
Southern Methodist University, Dallas, TX
Western Michigan University, Kalamazoo, MI

School Districts/Teachers

Central Texas Orff Schulwerk Association, San Antonio, TX
Southern California Orff Schulwerk Association, San Diego, TX
San Antonio Independent School District, San Antonio, TX
Texas Music Educators Region 8, Belton, TX

2012 **National/International**

American Orff Schulwerk Association, National Conference, St. Louis, MO
National Dance Educators Organization National Conference, Los Angeles, CA
Creating Artistry Conference, Indianapolis, IN

Regional/State

Michigan Music Educators Association, Grand Rapids, MI
Ohio Music Educators Association, Columbus, OH
Kentucky Music Educators Association, Louisville, KY
Idaho Orff Schulwerk Association, Boise, ID

University

Anderson University, Anderson, IN
Baylor University, Waco, TX
Eastern Illinois University, Charleston, IL
Morehead State University, Morehead, KY
Southern Methodist University, Dallas, TX
University of Central Florida, Orlando, FL
University of North Carolina—Pembroke, Pembroke, NC
University of Alaska Anchorage, Anchorage, AK

School Districts/Teachers

Albuquerque Public Schools, Albuquerque, NM
Fairfax Public Schools, Fairfax, VA
Anchorage Public Schools, Anchorage, AK
Denton Independent School District, Denton, TX

2011 **National/International**

Huddersfield University, Leeds, United Kingdom
National Dance Educators Organization National Conference, Minneapolis, MN
University of Toronto, Toronto, ON, Canada

Regional/State

West Virginia Music Educators, Huntington, WV
Memphis Chapter of AOSA, Memphis, TN
Tennessee Arts Academy, Nashville, TN

University

University of Wisconsin—Stevens Point, Stevens Point, WI
Hofstra University, Garden City, NY
Ashland University, Ashland, OH

School Districts/Teachers

Albuquerque Public Schools, Albuquerque, NM
Arlington Public Schools, Arlington, VA
Georgia Chapter of AOSA, Savannah, GA
Memphis City Schools, Memphis, TN

2010 **International/National**

British International Schools in Southeast Asia, Penang, Malaysia
Huddersfield University, Leeds, United Kingdom
American Orff Schulwerk Association National Conference, Spokane, WA

Regional/State

Texas Music Educators Association, San Antonio, TX
Texas Choral Directors Association, San Antonio, TX

University

Anderson University, Anderson, IL
VanderCook University, Chicago, IL
University of Wisconsin—Milwaukee, Milwaukee, WI
Southeast Oklahoma State University, Durant, OK

School Districts/Teachers

Webster School District, Webster, NY
Brownsville Independent School District, Brownsville, TX

2009 **National/International**

Creating Artistry National Workshop, Indianapolis, IN

Regional/State

Texas Music Educators Association, San Antonio, TX
New York State School Music Association, Albany, NY

University

University of Tennessee, Knoxville, TN
VanderCook University, Chicago, IL
Tennessee Tech, Cookeville, TN
University of Arkansas, Fayetteville, AR
Northwest Vista College, San Antonio, TX

School Districts/Teachers

San Antonio Music Teachers Association, San Antonio, TX
Central Texas Orff Schulwerk Association, San Antonio, TX
San Antonio Children's Chorus, San Antonio, TX

2008 **National/International**

International Dalcroze Conference, Tokyo, Japan

Regional/State

Kentucky Orff Schulwerk Association, Louisville, KY

University

Northwestern University, Evanston, IL

DePaul University, Chicago, IL

Western Michigan University, Kalamazoo, MI

2007 **National/International**

American Orff Schulwerk Association National Conference, San Jose, CA

Percussive Arts Society National Conference, Columbus, OH

Regional/State

Indiana Music Educators Association, Indianapolis, IN

Kansas State Orff Schulwerk Association, Lawrence, KS

University

University of South Carolina, Columbia, SC

Louisiana State University, Baton Rouge, LA

West Chester University, West Chester, PA

Central Connecticut State University, New Britain, CT

2006 **National/International**

Creating Artistry National Workshop, Indianapolis, IN

Regional/State

Indiana Music Educators Association, Indianapolis, IN

Kentucky Music Educators Association, Louisville, KY

Ohio Music Educators Association, Cleveland, OH

University

Carnegie Mellon University, Pittsburgh, PA

VanderCook College, Chicago, IL

Ashland University, Ashland, OH

Meredith College, Raleigh, NC

School Districts/Teachers

AOSA Inland Empire Chapter, Spokane, WA

2005 **University**

University of North Carolina at Charlotte, Charlotte, NC
Carnegie Mellon University, Pittsburgh, PA

School Districts/Teachers

AOSA St. Louis Chapter, St. Louis, MO
AOSA Indiana Chapter, Indianapolis, IN
AOSA Northern Lights Chapter, Plattsburg, NY
AOSA Cincinnati Chapter, Cincinnati, OH
AOSA Las Vegas Chapter, Las Vegas, NV

2004 **National/International**

Mostar Music Project, Mostar, Bosnia-Herzegovina

Regional/State

Ohio Music Educators Association, Columbus, OH

University

Ashland University, Visiting Artist, Ashland, OH
Texas A & M University, Kingsville, TX
University of Toledo, Theatre Department, Toledo, OH

School Districts/Teachers

AOSA Western New York Chapter, Buffalo, NY
AOSA Wyoming Chapter, Cheyenne, WY
AOSA Northern California Chapter, San Francisco, CA
AOSA Chicago Chapter, Chicago, IL

2003 **National/International**

International Workshops, Biarritz, France
European Council of International Schools, Hamburg, Germany
American Choral Directors Association National Conference, New York, NY
American Orff Schulwerk Association National Conference, Louisville, KY

Regional/State

MENC North Central Division Professional Conference, Cleveland, OH
New York School Music Teachers Association Conference, Rochester, NY

University

University of Kentucky, Lexington, KY

2002 **Regional/State**

Minnesota Music Educators Association, Minneapolis, MN
Kansas Orff Schulwerk Educators Association, Topeka, KS
Wisconsin Music Educators Association, Madison, WI

University

Longy School of Music, Cambridge, MA
University of Central Oklahoma, Edmond, OK

2001 **National/International**

Dalcroze School of Music, Tokyo, Japan
International Dalcroze Conference, Pittsburgh, PA
American Orff-Schulwerk National Conference, Cincinnati, OH

Regional/State

Oklahoma Music Educators Association, Tulsa, OK
Maryland Music Educators Association, Baltimore, MD
Virginia Music Educators Association, The Homestead, VA
Ohio Music Educators Association, Columbus, OH

University

University of Northern Colorado, Greeley, CO

2000 **National/International**

Cairo American College, Cairo, Egypt
International College, Beirut, Lebanon
St. Andrew's College, Nassau, The Bahamas
MENC: National Association for Music Education, Washington, DC

Regional/State

Montana Music Educators Association, Missoula, MT
New Mexico Orff Association, Albuquerque, NM

University

University of Central Florida, Orlando, FL
Texas A & M University, Kingsville, TX

PROFESSIONAL AFFILIATIONS:

National Association of Schools of Music
College Music Society
American Choral Directors Association
American Orff Schulwerk Association

R. J. David Frego

Dalcroze Society of America
International Guild of Musicians for Dance
Texas Music Educators Association
National Association for Music Education

SERVICE: Dalcroze Society of America, National Past-President, Advisory Board Member
National Association of Schools of Music, Visiting Accrediting Assessor

OTHER INFORMATION: Citizenship: U.S.A. & Canada